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July 2026

A Lasting Love, A New Start for Youth

Dear Friends of Youth Outreach,

Over the years, we have met many young people on midnight streets, along the waterfront and in hidden corners of the city. People sometimes ask: can we really make a difference in the lives of at-risk youth? When a young person refuses to go home and seems to care about nothing, is it still worth investing time and effort? Our daily work keeps reminding us that the answer is “yes” – as long as, at their most confused and helpless moments, someone is willing to stay by their side and not give up on them.

Ah Kau is one of them. If you only saw him in the past, you might have seen a young person worn down by constant family conflict, hardly sleeping at night and feeling that tomorrow simply did not matter. A few words could turn into an argument, and whenever the topic of tomorrow came up, all he could say was, “It doesn’t matter.” Things began to change after he moved into our hostel. In a stable and accepting environment, he was finally able to slow down and settle. With our colleagues guiding him to write his first CV and practice interviews, he found his first job. He also rediscovered his childhood love of basketball and started to set real goals for himself. He is still on his journey, and life’s challenges have not disappeared, but he is no longer the boy trapped by his circumstances. He is becoming a young adult who is willing to take responsibility for his own life.

Stories like his are never the result of one or two people’s efforts. Recently, we received a very special gift. A kind donor, Mr. Garrett, remembered Youth Outreach in his will and made a legacy donation, with the full support of his family. For us, this is more than a donation. It is a trust and a love that reach beyond one lifetime, enabling us to continue bringing light to young people in need and becoming a small but real ray of hope in their lives. Enclosed is a card sharing this story. We hope it also passes on to you this gentle yet powerful blessing.

We warmly invite you to continue walking with Youth Outreach. For friends who care about young people, we offer options for legacy giving and insurance policy donations as one more way to express that care when the time is right. What matters has never been the amount. Your decision may become the starting point of change on a late night, on a basketball court, or at the very moment when a young person is about to give up. For them, the most important thing is not another piece of advice, but the solid assurance that “someone is still standing by my side” and the quiet conviction behind it: “These young people are worth staying with, and I will not give up on them.”

From the bottom of my heart, thank you for standing with us and for helping to protect these young people who are still searching for their direction in life. Wishing you good health and peace.

Yours sincerely,



Executive Director of Youth Outreach
Ling CHAN

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Hello everyone, my name is Ah Kau (a pseudonym).

In the past, I always thought that my life would forever be an unsolvable tangle of knots—the more I struggled, the more chaotic it became, until I was eventually trapped inside with no way to move.

Before I moved into the Transitional Housing for Young Probationers and High-Risk Youth, I was like a ship without a rudder, adrift on a vast ocean. Home should have been a safe harbor, but for me, it felt like the center of one unending storm after another. My home environment was unstable, and my interactions with my family were always fraught with conflict. We could barely exchange a few words before erupting into fierce arguments. When these scenes played out day after day, I became numb and lost all interest in life. I just drifted through each day in a daze, with no goals and no direction. To me, the future was not a hope, but an endless, impenetrable fog.

It wasn't until I moved into the Transitional Housing for Young Probationers and High-Risk Youth that everything began to quietly change. This place is stable and inclusive, acting like a gentle yet firm barrier that shields me from the suffocating family conflicts. Free from the endless quarrels and pressure at home, I could finally breathe a sigh of relief and have the space and time to pause and re-examine the "self" I had long neglected. If this place is a patch of soil, then I am like a long-dormant seed—finally receiving sunlight and nourishment here, slowly beginning to sprout.

At the Transitional Housing for Young Probationers and High-Risk Youth, I started from scratch, learning and improving step by step. I had never worked before; the staff taught me how to write a CV, practiced interview techniques with me, and even accompanied me through various simulated scenarios, encouraging me time and again not to give up. Eventually, I landed my very first real job—joining Youth Outreach as an Activity Assistant at Pub Bar. To me, that was not just a job, but the beginning of a transformation. I was no longer just someone who received help; I began to become someone who could help others. More importantly, for the first time, I earned my own living with my own abilities and truly took responsibility for my own life. At that moment, I knew I had already taken a different step forward.

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At the same time, I also picked up the basketball I had loved since childhood. When I stood on the court again, feeling the rhythm of my sweat and heartbeat, I realized that I could still give my all to something. Basketball was no longer just a sport; it became a vessel for my hopes and dreams for the future. I started setting some goals for myself: to become a basketball player, a basketball coach, or even a fitness trainer. These goals gave me direction, as well as a reason and the motivation to move forward every day.

Now, I have not only learned how to plan my life, but also how to face my negative emotions. When they reappear, I no longer let them control me, consume me, or destroy me. To me, the Self-Reliance Hall has never been just a place to live. It is the cornerstone upon which I have rebuilt the order of my life, and truly the starting point of this transformative journey.

Here, I found myself again;
Here, I saw my future;
Here, I rekindled the light of my life.
And here, I know that Ah Kau will be better.

一份關懷 成就一份 成長

您有沒有想過，關愛青年的心意可以跨越時間，化作延續不息的力量？透過遺產捐贈支持協青社，您的善心將繼續陪伴青年成長。

協青社一直致力協助高危青年重建自信、發掘潛能，並成為積極正向的社會一分子。透過外展服務、危機介入、輔導支援及多元發展計劃，我們陪伴青年跨越人生困境，尋找屬於自己的方向與價值。

您的遺產捐贈不僅是一份善款，更是一份送給高危青年的珍貴禮物，讓協青社能持續為有需要的青年提供及時及適切的支援，幫助他們重拾希望，開創未來。



表格下載

感謝 Mr. Garrett的遺產捐贈，及其家屬的成全與支持。

早在2000年初，Mr. Garrett已默默捐款支持協青社。創辦人李文烈神父（Peter Newbery）親自登門致謝，雙方自此結下深厚情誼。二十多年來，Mr. Garrett一直堅定支持本社工作。如今他的遺愛繼續化作實際行動，支持協青社的青年服務，陪伴更多面對挑戰的高危青年。

為表達最崇高敬意，協青社將深宵跨區外展服務隊正式命名為：

「The Garrett All-night Outreaching Team」，這份跨越二十多年的愛，將繼續每晚陪伴高危青年，為他們的生命帶來光明與希望。



花絮影片

**承傳愛與希望
致力協助高危青年**

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